

Becoming a Love & Logic Parent® now with Greater Availability to Meet Your Schedule

In response to your requests, we are offering new scheduling possibilities for our *Love & Logic*® workshops: mid-day (noon to 2PM) during the week or most any time on weekends.

Creative Health Solutions will again be presenting *Becoming a Love & Logic Parent*® from the Love & Logic® Institute¹. We will present this workshop once a week for 7 weeks—the session length 2 hours. This workshop will begin the second week in January. We will determine and announce the day of the week and time as soon as we complete our survey of parent preferences.

Becoming a Love & Logic Parent® provides parents real world insights and techniques. The latter will not only help parents improve the relationship with their children, but also help them teach their children life skills to solve problems, resist destructive peer pressure, and develop strong admirable personal character.

As with all Creative programs, we will be customizing the workshop for each group of parents to best address their concerns. In addition, we will be creating new and adapting existing workshops to address specific parent needs, such as for parents of special needs children.

Love & Logic combines parent compassion (“Love”) with children understanding and accepting responsibility, being accountable, and dealing with consequences (“Logic”). *Becoming a Love & Logic Parent*® shows parents how to:

1. Create home environments that stimulate responsibility, resilience, and academic achievement.
2. Foster appropriate behavior.
3. Set limits without power struggles.
4. Teach character and responsibility through modeling and logical consequences (rather than punishment).
5. Teach children healthy life long problem solving skills.
6. Stay calm especially in stressful parenting situations.
7. Help children resist alcohol and other drugs, violence, and dangerous behaviors.

As stated above, the first workshop will run 7 weeks beginning the 2nd week of January. Please use form to indicate:

- Level of interest² as: Definitely, Probably, Maybe, Unlikely
- Preferred days of the week and times as 1st, 2nd, 3rd, and so on
- Whether you would use childcare if available (list children and ages)

You can respond by telephone: 703-910-5006, email: LaL@CreativeHealthLLC.com, or through our web site <http://www.creativehealthllc.com/LaLpreferences.html>.

¹ Members of the Creative Health Solutions staff are independent facilitators of Love & Logic.

² Workshop fees are \$195 per person, \$345 per couple which includes materials, snacks, and childcare if available. There is a 10% discount for early enrollment—up to one month before the first class.